

Christian Heritage School

December 2022



Fresh Fruit
Fruit Juice, Water,

			1 Turkey Meatloaf Mashed Potato Sauté Vegetable Assorted Beverages Fresh Fruit	2 Pepperoni Cheese Pizza Sauté Garlic Mushrooms Assorted Beverages Fresh Fruit
5 Vegetable Tomato Ravioli Bowl Roasted Garlic Sauce Roasted Eggplant Assorted Beverages Fresh Fruit	6 Cream Of Broccoli BBQ Pulled Pork w/ Herb Baked Potato Roasted Mushrooms Assorted Beverages Fresh Fruit	7 Bacon and Bean Jamaican Jerk Chicken Brown Rice w/ Thyme Chef Blend Assorted Beverages Fresh Fruit	8 BBQ Baked Beans Beef Cheeseburgers French Fries BBQ. Baked Beans Assorted Beverages Fresh Fruit	9 Tomato Spinach Cheese Pizza Roasted Vegetables Assorted Beverages Fresh Fruit
12 Swiss Chard w/ Bacon Baked Manicotti Top w/ Cheese Sauté Vegetables Assorted Beverages Fresh Fruit	13 Mexican Chicken Kielbasa Grinder Peppers / Onions Rice Pilaf Spinach	14 Roasted Eggplant Penne Pasta Meat sauce Garlic bread Sauté Squash Assorted Beverages Fresh Fruit	15 Spinach Vegetables Moroccan Chicken Saffron Rice Roasted Tomato Assorted Beverages Fresh Fruit	16 Mushroom Bisque Bacon Cheese Pizza Sauté Spinach w/ Onions Fresh Fruit Assorted Beverages
19 Christmas Recess No School	20 Christmas Recess No School	21 Christmas Recess No School	22 Christmas Recess No School	23 Christmas Recess No School "Merry Christmas"
26 Christmas Recess No School	27 Christmas Recess No School	28 Christmas Recess No School	29 Christmas Recess No School	30 Christmas Recess No School